

Fanshawe College

FIRST: Fanshawe Innovation, Research, Scholarship, Teaching

Documentation (Approvals etc...)

Fitness and Health Promotion

2017

FHP1 Curriculum Modification for 2017-18 2018-19

Fanshawe College

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CURRICULUM MODIFICATION REQUEST FORM

COURSE OR PROGRAM CURRICULUM "RATIONALE FOR CHANGE"

RECEIVED
DEC 15 2017

Program Requiring Changes

Office of the Registrar

Program Title: Fitness & Health Promotion		
Program Number: FHP 1		Date Submitted: 11/7/2017
Dean responsible for program: Pam McLaughlin		Chair: Christine Griffith
Credential Provided: <input type="checkbox"/> Declaration of Academic Achievement <input type="checkbox"/> Local Certificate <input type="checkbox"/> Ontario College Certificate <input checked="" type="checkbox"/> Diploma <input type="checkbox"/> Advanced Diploma <input type="checkbox"/> Grad Certificate <input type="checkbox"/> Degree <input type="checkbox"/> Apprenticeship		
Program Intakes: <input checked="" type="checkbox"/> F <input type="checkbox"/> W <input type="checkbox"/> S Other:		Catalogue Year(s) Impacted: 18/19
Residency Requirement: <input type="checkbox"/> Met or <input type="checkbox"/> Not Met		Date of Last Program Review: Click here to enter a date. 2018
I have read the reasons for the change and...		Signature and date
Dean of Faculty (Lead program):	<input checked="" type="checkbox"/> Approve <input type="checkbox"/> Do Not Approve	P. McLaughlin
Dean of Faculty (Affiliate program-impacted by change):	<input checked="" type="checkbox"/> Approve <input type="checkbox"/> Do Not Approve	al Bueford
Dean of Faculty (Affiliate program-impacted by change):	<input type="checkbox"/> Approve <input type="checkbox"/> Do Not Approve	
Senior Vice President Academic (required for major changes and late DAs):	<input type="checkbox"/> Approve <input type="checkbox"/> Do Not Approve	
Director, Centre for Academic Excellence:	<input checked="" type="checkbox"/> Supports <input type="checkbox"/> Does Not Support	Julie Geddes Dec 22/17
Office of the Registrar:	<input checked="" type="checkbox"/> Supports <input type="checkbox"/> Does Not Support	McCall
Notes:		

Please answer each of the questions below, if applicable. Missing or incomplete information may delay review of the proposed changes.

1.0 Describe proposed change(s). Complete Appendix A (if necessary) and amend SDAR (Refer to Appendix C).

We are making two changes to the FHP1 DA:

1. In the 18/9 DA Changes we are removing PHRE 3001 (FHP1.3) as information is shared in the course curriculum for PHRE 1042.
2. The second change we are making is removing HOTL 1003 (FHP1.1) and in its place adding MATH 1206, a math course specifically designed for students in the Fitness and Health Promotion Program.

2.0 Reason/Rationale for Changes

2.1 The reason for the change is based on:

- ☐ A recent program review
- ☐ Program Advisory Committee feedback
- ☒ Student feedback
- ☐ KPI results
- ☐ Accreditation or other regulatory requirements
- ☒ Shared curriculum
- ☐ Trends in the field/industry
- ☐ Other (please describe):

2.2 Does the change support the College's Strategic Framework (mission, vision, values)?

- ☒ Yes
- ☐ No (If no, please explain)

2.3 What strategic goal(s) does the proposed change support?

- ☐ Goal 1 - Enhance innovative practices for exceptional student learning
- ☒ Goal 2 - Manage enrolment growth
- ☒ Goal 3 - Optimize use of resources
- ☐ Goal 4 - Build sustainable sources of alternative revenue

3.0 Students

3.1 Will the change affect the cost of the program for students?

- ☐ Yes
- ☒ No

3.2 If yes, there will be an additional cost for:

- ☐ Materials (Include details):
- ☐ Equipment (Include details):
- ☐ Other (Please describe):

4.0 Program Learning Outcomes

4.1 Will the proposed change meet the Program Vocational Learning Outcomes? (Complete Appendix B and mark the changes in the mapping [e.g. red font])

- ☒ Yes
- ☐ No

4.2 Are there any implications related to progression because of pre-requisite courses (and/or co-requisite courses)?

- ☒ No
- ☐ Yes (If yes, please explain)

5.0 Relationships with Other Programs

5.1 Are any of the courses impacted by the change provided by another School (e.g., SLLS, LKSB) and/or delivered at another campus?

- ☒ No
- ☒ Yes

5.2 What Schools/Campuses will be impacted by the proposed change?

- ☐ Lawrence Kinlin School of Business
- ☐ School of Information Technology
- ☒ School of Tourism, Hospitality and Culinary Arts
- ☐ School of Community Studies
- ☒ School of Health Sciences
- ☐ School of Nursing
- ☐ School of Public Safety
- ☐ School of Contemporary Media
- ☐ School of Design
- ☐ School of Language and Liberal Studies
- ☐ Donald J. Smith School of Building Technology
- ☐ Norton Wolf School of Aviation Technology
- ☐ School of Applied Sciences and Technology
- ☐ School of Transportation Technology and Apprenticeship
- ☐ Continuing Education
- ☐ Simcoe/Norfolk Regional Campus
- ☐ St Thomas/Elgin Regional Campus

- ☐ Woodstock/Oxford Regional Campus
- ☐ Huron/Bruce Regional Sites

5.3 Will the change affect pathway agreements (e.g., bridging, articulations, laddering, advanced standing) with other Fanshawe program(s) and/or other institution(s)?
(Refer to the pathway agreements listed here: <http://transferagreements.fanshawec.ca/>)

- ☒ No
- ☐ Yes (If yes, indicate when you will notify the other Fanshawe program(s) and/or other institution(s) and the Pathways Coordinator in the Centre for Academic Excellence of the change)

5.4 If this program is a Co-Operative Education program, will the proposed change impact Co-op?

- ☒ No
- ☐ Yes (If yes, consult with the Co-op office prior to submission)

6.0 Resource Implications of Proposed Changes

6.1 Will the proposed change have staffing implications?

- ☒ No
- ☐ Yes (If yes, please explain)

6.2 Will the proposed change impact any of the Enabling areas?

- ☒ No
- ☐ Yes (If yes, please explain)

6.3 Will the proposed change affect space and/or technology requirements?

- ☒ No
- ☐ Yes (If yes, please explain)

7.0 General College Requirements

7.1 Are changes consistent with Colleges policies?

- ☒ Yes
- ☐ No (If no, please explain)

7.2 Will the program meet the General Education requirements (Policy 2-B-02) as listed below?

- ☐ No
☒ Yes

Local Certificate, Ontario College Certificate and Graduate Certificate - none required)	Diploma - 3 required (minimum of 1 must be an elective)	Advanced Diploma - 4 required (minimum of 2 must be electives)
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7.3 Will the program have 25% distinct curriculum to meet the Residency Requirement of 25% credit units? Consider all pathway agreements (e.g., bridging, internal articulations, laddering, advanced standing) with other Fanshawe programs and/or other institutions.

- ☐ No
☒ Yes

Note: In accordance with POLICY NUMBER: 2-B-17 Graduation from Approved College Programs

...to be eligible for any College Credential a student must be enrolled and complete at least 25% of that program's credit units at Fanshawe College, unless stipulated differently by other approving bodies such as the Postsecondary Education Quality Assessment Board (PEQAB).

7.4 Indicate:

- i) Total program hours before proposed change: 1425
ii) Total program hours after proposed change: 1380 ~ 45
iii) Level(s) in which the proposed change(s) occurs: 1 & 3

7.4.1 Are the total program hours consistent with the requirements as listed below?

- ☒ Yes
☐ No (If no, please explain)

Local Certificate - 300 hours	Ontario College Certificate - 600 hours
Diploma - 1200 to 1400 hours	Advanced Diploma - 1800 to 2100 hours
Graduate Certificate - 600 hours	

APPENDIX A: PROPOSED DEGREE AUDIT

CHANGES

FHP1

Course Code	Existing DA Courses	Total Hours	Total Credits		Course Code	Proposed DA Courses	Total Hours	Total Credits
Level 1								
WRIT-1048	Reason & Writing 1 for Health Sciences	45	3		WRIT 1048	Reason & Writing 1 for Health Sciences	45	3
HOTL-1003	Customer Service	30	2	DELETE THIS COURSE				
				ADD THIS COURSE	MATH 1206	Math for Fitness Professionals	30	2
ANAT 1035	Anatomy	75	4		ANAT 1035	Anatomy	75	4
NUTR-1016	Essentials in Human Nutrition	45	3		NUTR 1016	Essentials in Human Nutrition (Gen Ed)	45	3
PHRE 1041	Principles of Fitness	70	3.9		PHRE 1041	Principles of Fitness	70	3.9
PHRE-1031	Administration of Physical Recreation	45	2.5		PHRE 1031	Administration of Physical Recreation	45	2.5
EDUC 1097	Student Success	15	1		EDUC 1097	Student Success	15	1
GEAA 1000	General Education Elective	45	3		GEAA 1000	General Education Elective	45	3
TOTAL		370	22.4		TOTAL		370	22.4

Course Code	Existing DA Courses	Total Hours	Total Credits	Course Code	Proposed DA Courses	Total Hours	Total Credits
Level 2							
COMM 3067	Professional Communications	45	3	COMM 3067	Professional Communications	45	3
EDUC 1098	Leadership in the Workplace	45	3	EDUC 1098	Leadership in the Workplace	45	3
PHRE 3040	Resistance Training	60	3	PHRE 3040	Resistance Training	60	3
HLTH 1248	Health and Behaviour Change	45	3	HLTH 1248	Health and Behaviour Change	45	3
PHRE-1033	Fitness Evaluation	75	4	PHRE-1033	Fitness Evaluation	75	4
PHRE 1042	Physiology of Exercise	45	3	PHRE 1042	Physiology of Exercise	45	3
TOTAL		315	19	TOTAL		315	19

Course Code	Existing DA Courses	Total Hours	Total Credits		Course Code	Proposed DA Courses	Total Hours	Total Credits
Level 3								
PHRE 3001	Physiology of Exercise	45	3	DELETE THIS COURSE				
PHRE 3008	Health Promotion	60	4		PHRE 3008	Health Promotion	60	4
PHRE 3042	Group Exercise	30	1		PHRE 3042	Group Exercise	30	1
EDUC 3016	Professional Practice	30	1		EDUC 3016	Professional Practice	30	1
METH-3027	Research Principles	45	3		METH-3027	Research Principles	45	3
PHRE 3043	Functional Movement & Conditioning	60	3		PHRE 3043	Functional Movement & Conditioning	60	3
PHRE 3044	Exercise Prescription for Special Populations	60	3		PHRE 3044	Exercise Prescription for Special Populations	60	3
FLDP 3032	Personal Training & Field Practice	60	1.3		FLDP 3032	Personal Training & Field Practice	60	1.3
TOTAL		390	19.3		TOTAL		345	16.3

-48

✓

Course Code	Existing DA Courses	Total Hours	Total Credits	Course Code	Proposed DA Courses	Total Hours	Total Credits
Level 4							
FLDP 3018	Field Placement	140	3.6	FLDP 3018	Field Placement	140	3.6
PHRE 3045	Sports Injuries	60	3	PHRE 3045	Sports Injuries	60	3
MGMT 1240	Small Business Ownership	60	4	MGMT-1240	Small Business Ownership	60	4
MKTG 1096	Marketing & Sales for Health Professionals	30	2	MKTG 1096	Marketing & Sales for Health Professionals	30	2
PHRE 5003	High Performance Training for Sport	60	3	PHRE 5003	High Performance Training for Sport	60	3
TOTAL		350	15.6	TOTAL		350	15.6
TOTAL HOURS		1425	76.3	TOTAL HOURS		1380	73.3

Degree Audit Report

Degree Audit Report

Catalog: 2018/2019

Program: FHP1
 Department: HLT - Health Sciences
 Academic Level: PS
 CCD: 8 - 4AcadSem/1200-1400hrs
 Credential: Ontario College Diploma

Name: Fitness and Health Promotion

Grade Scheme: LG2
 Major: FHP1 - Fitness and Health Promotion
 Co-Op Indicator: N/A

Div: FHS - Fclty of Hlth, Comm St, Public Sfty

Academic Program Requirement

Total Credits: 78.20
 GPA Requirement: 2.00
 Minimum Grade: C
 Residency Reqmt: 20.00
 Residency Reqmt GPA: 2.00

Academic Requirement: FHP1.18 Fitness and Health Promotion

Major: FHP1
 Grade Scheme: LG2
 Minimum GPA: 2.00
 Minimum Grade:

Subrequirement: Level 1

Gen Ed - Take a 3 credit General Education elective course Take all of the following Mandatory Courses:

		Total Hours	Total Credits	GE
WRIT-1048	Reason & Writing 1 for Health Sciences	45.00	3.00	
ANAT-1035	Anatomy	75.00	4.00	
PHRE-1041	Principles of Fitness	70.00	3.90	
NUTR-1016	Essentials in Human Nutrition	45.00	3.00	**
EDUC-1097	Student Success	15.00	1.00	
PHRE-1031	Administration of Physical Recreation	45.00	2.50	
HOTL-1003	Guest Relations	30.00	2.00	
PLS. REMOVE PLS. ADD. MATH1206 MATH FOR FITNESS PROFESSIONALS		30.00	2.00	

Subrequirement: Level 2

Take all of the following Mandatory Courses:

		Total Hours	Total Credits	GE
EDUC-1098	Leadership in the Workplace	45.00	3.00	
PHRE-3040	Resistance Training	60.00	3.00	
PHRE-1042	Physiology of Exercise	45.00	3.00	
HLTH-1248	Health & Behaviour Change	45.00	3.00	
PHRE-1033	Fitness Evaluation	75.00	4.00	
COMM-3067	Professional Communications	45.00	3.00	

Subrequirement: Level 3

Take all of the following Mandatory Courses:

		Total Hours	Total Credits	GE
EDUC-3016	Professional Practice	30.00	2.00	
PHRE-3001	Physiology of Exercise	45.00	3.00	
PHRE-3044	Exercise for Special Populations	60.00	3.00	
PHRE-3008	Health Promotion	60.00	4.00	
PHRE-3042	Group Exercise	30.00	1.00	
PHRE-3043	Functional Movement & Conditioning	60.00	3.00	
METH-3027	Research Principles	45.00	3.00	**

REMOVE
COURSE

Degree Audit Report

Degree Audit Report

FLDP-3032

Personal Training & Field Practice

60.00 2.20

Subrequirement: Level 4

Take all of the following Mandatory Courses:

		Total Hours	Total Credits	GE
MGMT-1240	Small Business Ownership	60.00	4.00	
MKTG-1096	Mktg & Sales for Fitness Professionals	30.00	2.00	
PHRE-3045	Sports Injuries	60.00	3.00	
FLDP-3018	Field Placement	140.00	3.60	
PHRE-5003	High Performance Training for Sport	60.00	3.00	

Subrequirement: Gen Ed - Electives

Take 3 General Education Credits - Normally taken in Level 1

Subrequirement: Program Residency

Students Must Complete a Minimum of 20 credits in this program at Fanshawe College to meet the Program Residency requirement and graduate from this program

Christine L. Bell
Approved By Chair/Manager:

P. McLaughlin
Approved by Dean:

Health Sciences, Dec 4/17
Department and Date:

Dec 11/2017
Date:

General Education Approved By(as appropriate):

Date:

19
DEC 22/17

Degree Audit Report

Catalog: 2017/2018

Program: FHP1
 Department: HLT - Health Sciences
 Academic Level: PS
 CCD: 8 - 4AcadSem/1200-1400hrs
 Credential: Ontario College Diploma

Name: Fitness and Health Promotion

Grade Scheme: LG2
 Major: FHP1 - Fitness and Health Promotion
 Co-Op Indicator: N/A

Div: FHS - Fclty of Hlth, Comm St, Public Sfty

Academic Program Requirement

Total Credits: 78.20
 GPA Requirement: 2.00
 Minimum Grade: C

Residency Reqmt: 20.00
 Residency Reqmt GPA: 2.00

Academic Requirement: FHP1.17 Fitness and Health Promotion

Major: FHP1
 Grade Scheme: LG2
 Minimum GPA: 2.00
 Minimum Grade:

Subrequirement: Level 1

Gen Ed - Take a 3 credit General Education elective course Take all of the following Mandatory Courses:

		Total Hours	Total Credits	GE
WRIT-1048	Reason & Writing 1 for Health Sciences	45.00	3.00	
ANAT-1035	Anatomy	75.00	4.00	
PHRE-1041	Principles of Fitness	70.00	3.90	
NUTR-1016	Essentials in Human Nutrition	45.00	3.00	**
EDUC-1097	Student Success	15.00	1.00	
PHRE-1031	Administration of Physical Recreation	45.00	2.50	
HOTL-1003	Guest Relations	30.00	2.00	

Subrequirement: Level 2

Take all of the following Mandatory Courses:

		Total Hours	Total Credits	GE
EDUC-1098	Leadership in the Workplace	45.00	3.00	
PHRE-3040	Resistance Training	60.00	3.00	
PHRE-1042	Physiology of Exercise	45.00	3.00	
HLTH-1248	Health & Behaviour Change	45.00	3.00	
PHRE-1033	Fitness Evaluation	75.00	4.00	
COMM-3067	Professional Communications	45.00	3.00	

Subrequirement: Level 3

Take all of the following Mandatory Courses:

		Total Hours	Total Credits	GE
EDUC-3016	Professional Practice	30.00	2.00	
PHRE-3001	Physiology of Exercise	45.00	3.00	
PHRE-3044	Exercise for Special Populations	60.00	3.00	
PHRE-3008	Health Promotion	60.00	4.00	
PHRE-3042	Group Exercise	30.00	1.00	
PHRE-3043	Functional Movement & Conditioning	60.00	3.00	
METH-3027	Research Principles	45.00	3.00	**

PLEASE
REMOVE

Degree Audit Report

FLDP-3032

Personal Training & Field Practice

60.00 2.20

Subrequirement: Level 4

Take all of the following Mandatory Courses:

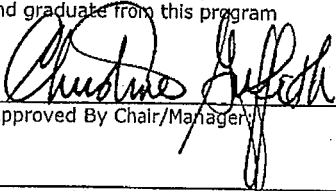
		Total Hours	Total Credits	GE
MGMT-1240	Small Business Ownership	60.00	4.00	
MKTG-1096	Mktg & Sales for Fitness Professionals	30.00	2.00	
PHRE-3045	Sports Injuries	60.00	3.00	
FLDP-3018	Field Placement	140.00	3.60	
PHRE-5003	High Performance Training for Sport	60.00	3.00	

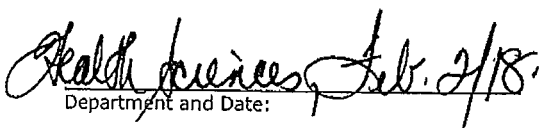
Subrequirement: Gen Ed - Electives

Take 3 General Education Credits - Normally taken in Level 1

Subrequirement: Program Residency

Students Must Complete a Minimum of 20 credits in this program at Fanshawe College to meet the Program Residency requirement and graduate from this program


Approved By Chair/Manager


Department and Date:

Approved by Dean:

Date:

General Education Approved By(as appropriate):

Date:

TG.
Feb. 2/18

Vocational Learning Outcomes

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
1	Level 1													Notes
2														
3	Course Number	Course Name	1	2	3	4	5	6	7	8	9	10	11	
4	ANAT-1008	Anat & Physiology an Intro												course removed for 20178 DA (new large anat added)
5	ANAT-1035	Anatomy	IB											
6	EDUC-1097	Student Success									I		I	
7														
8	PHRE-1028	Professional Presentations												course removed for 20178 DA (VLOs moved to research and marketing)
9	PHRE-1029	Careers in Fitness & Health Pr												course removed for 20178 DA (VLOs moved to Student Success and Field)
10	PHRE-1031	Admin of Physical Recreation					IB	B		I	I	I	I	
11	PHRE-1032	Principles of Fitness	+	B	B	+		B				+	+	course removed for 20178 DA (hours changed in course for more experiential work)
12	PHRE-1041	Principles of Fitness	IB	IB	I	I		I	I		I	I	IB	
13	WRIT-1048	Reason & Writing 1 for HLT												Course added for 20189 DA (able to help students who struggle with math from beginning; will free up time in later classes where we are currently talking about introductory math skills; do not have to add math as a prerequisite which may hinder our applications)
14	MATH 1206	Math for Fitness Professionals	I				I			I			I	
15	Level 2													
16														
17	Course Number	Course Name	1	2	3	4	5	6	7	8	9	10	11	
18	ANAT-1014	Mechanics of Exercise												course removed for 20178 DA (new large anat added)

Vocational Learning Outcomes

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
19	BSCI-1084	Human-Relations&Self-Develop	B	B	B	B	B	B	B	B	B	B	B	course removed for 20178 DA (VLOs moved to leadership)
20	COMM-3067	Professional Communications												
21	EDUC-1098	Leadership in the Workplace												
22	HLTH-1248	Health & Behaviour Change												
23	PHRE-1009	Principles of Wellness			B	C			C		B		†	course removed for 20178 DA (VLOs moved to behaviour change)
24	PHRE-1033	Fitness Evaluation	C	B	B	I		I				B	B	
25	PHRE-1042	Physiology of Exercise	C	B										
26	PHRE-3026	Resistance-Training												course removed for 20178 DA (hours changed in course for more experiential work)
27	PHRE-3040	Resistance Training												
28	Level 3													
29														
30	Course Number	Course Name	1	2	3	4	5	6	7	8	9	10	11	
31	EDUC-3016	Professional Practice			B					B	C	C	C	
32	FLDP-3032	Personal Training & Field	C	C	C	C		C		B	C	BC	C	
33														
34	PHRE-3008	Health Promotion			B	B	C		BC				C	
35	PHRE-3034	Pgm for Diverse Populations												course removed for 20178 DA (VLOs to Special Pops)
36	PHRE-3035	Fitness Eval & Prescription												course removed for 20178 DA (VLOs to Functional Movement and Fit Eval)
37	PHRE-3036	Group Exercise 1												course removed for 20178 DA (VLOs to Group Exercise)

Vocational Learning Outcomes

[illegible]

Vocational Learning Outcomes

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
60	Vocational Learning Outcomes													
61														
62	1	conduct assessments of fitness, well-being, and lifestyle for clients and effectively communicate assessment results.												
63	2	prescribe appropriate physical activity, fitness, active living, and lifestyle programs to enhance health, fitness, and well-being of clients.						Legend						
64	3	utilize appropriate interviewing and counselling skills to promote or enhance health, fitness, active living, and well-being of clients.								I	Introductory			
65	4	collaborate with individuals in the selection and adoption of strategies that will enable them to take control of and improve their health, fitness, and well-being.								B	Building			
66	5	develop, implement, and evaluate activities, programs, and events which respond to identified needs and interests of clients* and maximize the benefits of health, fitness, and well-being.						C	Culminating					
67	6	train individuals and instruct groups in exercise and physical activities.												
68	7	contribute to community health promotion strategies.												
69	8	assist in the development of business plans for health and fitness programs, activities, and facilities.												
70	9	implement strategies and plans for ongoing personal and professional growth and development.												
71	10	develop and implement risk management strategies for health and fitness programs, activities, and facilities.												
72	11	interact effectively with clients, staff, and volunteers in health and fitness programs, activities, and facilities.												

Essential Employability Skills

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
1	Level 1													Notes
2														
3	Course Number	Course Name	1	2	3	4	5	6	7	8	9	10	11	
4	ANAT-1008	Anat & Physiology--an Intro		X					X					course removed for 20178 DA (new large anat added)
5	ANAT-1035	Anatomy					X		X			X	X	
6	EDUC-1097	Student Success	X	X		X	X	X			X	X	X	
7														
8	NUTR-1016	Essentials in Human Nutrition	X		X	X	X	X	X		X	X	X	
9	PHRE-1028	Professional-Presentations	X		X			X	X			X		course removed for 20178 DA (VLOs moved to research and marketing)
10	PHRE-1029	Careers in Fitness & Health Pr	X						X					course removed for 20178 DA (VLOs moved to Student Success and Field)
11	PHRE-1031	Admin of Physical Recreation	X	X	X	X	X	X	X	X	X	X	X	
12	PHRE-1032	Principles of Fitness	X		X			X	X			X	X	course removed for 20178 DA (hours changed in course for more experiential work)
13	PHRE-1041	Principles of Fitness	X	X	X		X		X	X	X	X	X	
14	WRIT-1048	Reason & Writing 1 for HLT	X	X		X	X	X	X					
15	MATH 1206	Math for Fitness Professionals			IB	I		I	I					Course added for 20189 DA (able to help students who struggle with math from beginning; will free up time in later classes where we are currently talking about introductory math skills; do not have to add math as a prerequisite which may hinder our applications)
16	Level 2													
17														
18	Course Number	Course Name	1	2	3	4	5	6	7	8	9	10	11	
19	ANAT-1014	Mechanics of-Exercise												course removed for 20178 DA (new large anat added)
20	BSCI-1084	Human-Relations&Self-Develop	X	X		X	X				X			course removed for 20178 DA (VLOs moved to leadership)

Essential Employability Skills

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
21	COMM-3067	Professional Communications	X	X				X	X					
22	EDUC-1098	Leadership in the Workplace												
23	HLTH-1248	Health & Behaviour Change												
24	PHRE-1009	Principles of Wellness	X	X		X	X			X	X	X	X	course removed for 20178 DA (VLOs moved to behaviour change)
25	PHRE-1033	Fitness Evaluation	X	X	X	X	X		X		X	X	X	
26	PHRE-1042	Physiology of Exercise	X		X	X	X	X					X	
27	PHRE-3026	Resistance Training												course removed for 20178 DA (hours changed in course for more experiential work)
28	PHRE-3040	Resistance Training												
29	Level 3													
30														
31	Course Number	Course Name	1	2	3	4	5	6	7	8	9	10	11	
32	EDUC-3016	Professional Practice	X	X		X	X		X	X	X	X	X	
33	FLDP-3032	Personal Training & Field	X	X		X	X	X		X		X	X	
34	METH-3027	Research Principles	X	X	X	X	X	X	X	X	X	X	X	
35														
36	PHRE-3008	Health Promotion	X	X		X	X	X	X	X	X	X	X	
37	PHRE-3034	Pgm for Diverse Populations	X				X	X	X		X	X	X	course removed for 20178 DA (VLOs to Special Pops)
38	PHRE-3035	Fitness Eval & Prescription	X		X	X	X	X	X			X		course removed for 20178 DA (VLOs to Functional Movement and Fit Eval)
39	PHRE-3036	Group Exercise 1	X	X		X	X			X	X	X	X	course removed for 20178 DA (VLOs to Group Exercise)
40	PHRE-3037	Professional Practice 1	X	X		X	X	X		X	X	X	X	course removed for 20178 DA (VLOs to Professional Practice)
41	PHRE-3042	Group Exercise	X	X			X			X	X	X	X	

Essential Employability Skills

[illegible]

Essential Employability Skills

	A	B	C	D	E	F	G	H	I	J	K	L	M	N
64	Essential Employability Skills													
65														
66	1	Communicate clearly, concisely and correctly in the written, spoken and visual form that fulfills the purpose and meets the needs of the audience.												Legend
67	2	Respond to written, spoken or visual messages in a manner that ensures effective communication.												
68	3	Execute mathematical operations accurately.												
69	4	Apply a systematic approach to solve problems.												
70	5	Use a variety of thinking skills to anticipate and solve problems.												
71	6	Locate, select, organize and document information using appropriate technology and information systems.												
72	7	Analyze, evaluate and apply relevant information from a variety of sources.												
73	8	Show respect for diverse opinions, values, belief systems and contributions of others.												
74	9	Interact with others in groups or teams in ways that contribute to effective working relationships and the achievement of goals.												
75	10	Manage the use of time and other resources to complete projects.												
76	11	Take responsibility for one's own actions, decisions and consequences.												